

✓ You Can Recycle It

Paper Fiber Materials | Do Not Bag or Tie

- Flattened corrugated cardboard and paperboard (i.e. empty cereal boxes, empty detergent boxes, empty tissue boxes) placed loosely in the cart
- Newspapers, flyers, inserts, junk mail
- Magazines, catalogues, paperback books, hardcover books with covers and spine removed
- Telephone books
- Gift and packing paper (except aluminum or shiny paper)
- Brown paper bags, tissue roll cores, gift and packing paper, paper egg cartons
- Shredded paper -please bag

Containers & Glass | Clean and Rinsed - Do Not Bag or Tie

- Aluminum soft drink & beer cans
- Household tin cans (please rinse)
- Milk cartons and jugs (please rinse and remove caps)
- Juice cartons, boxes and aseptic containers (please rinse)
- Plastic soft drink and water bottles (please remove caps)
- Place plastic shopping bags inside an-other bag and tie; includes clean plastic food wrap and clean plastic product wrap
- Household plastic containers and bottles - must have the recycling arrows with a number (#1 through #7) on the bottom. (A container with the arrows but no number means the container is made from recycled materials, but may not be recyclable itself and cannot be accepted)



- Glass liquor bottles - Household glass; clear, green or brown (please rinse and remove lids). No cups, dishes, ashtrays, window glass, mirrors, Pyrex, ceramics, light bulbs or crystal

✗ Do Not Recycle It

Do Not Recycle | If the following material is in the cart it will either unloaded or the cart will not be emptied

- Any bagged material (excluding shredded paper). This allows material to be sorted later in the recycling process and reduces the cost of processing
- Wax, food contaminated, or plastic coated cardboard, cups or paper plates
- Soiled tissues, napkins and paper towels or food waste of any kind
- Styrofoam or other foam packing
- Household garbage, organic, hazardous or regulated waste
- Yard waste including grass clippings, tree branches, dirt or soil, etc.
- Medical waste or diapers
- Hazardous material such as paint, chemicals or solvents
- Ashes, dirt, concrete or other heavy materials
- Construction material such as boards, roofing materials and carpet
- Automotive parts, tires, oil filters or oil
- Propane tanks, electrical cords, batter-ies
- Clear plastic clam shell containers with-out recycling arrows and numbers 1 through 7
- Plastic Toys or Tupperware
- Outdoor lawn furniture

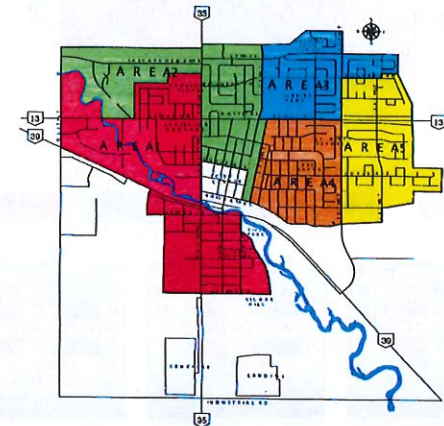
📅 Pickup Schedules

July							August							September						
Su	M	Tu	W	Th	F	Sa	Su	M	Tu	W	Th	F	Sa	Su	M	Tu	W	Th	F	Sa
1	2	3	4	5	6	7	5	6	7	8	9	10	11	2	3	4	5	6	7	8
8	9	10	11	12	13	14	12	13	14	15	16	17	18	9	10	11	12	13	14	15
15	16	17	18	19	20	21	19	20	21	22	23	24	25	16	17	18	19	20	21	22
22	23	24	25	26	27	28	26	27	28	29	30	31	23	24	25	26	27	28	29	
29	30	31											30							

October							November							December						
Su	M	Tu	W	Th	F	Sa	Su	M	Tu	W	Th	F	Sa	Su	M	Tu	W	Th	F	Sa
1	2	3	4	5	6	7	4	5	6	7	8	9	10	2	3	4	5	6	7	8
7	8	9	10	11	12	13	11	12	13	14	15	16	17	9	10	11	12	13	14	15
14	15	16	17	18	19	20	18	19	20	21	22	23	24	16	17	18	19	20	21	22
21	22	23	24	25	26	27	25	26	27	28	29	30	23	24	25	26	27	28	29	
28	29	30	31										30	31						



*Follows the same service areas as your current trash service



Never Miss Pickup Day Again!

Get Text or Email Reminders or Print Your Schedule online at RegensDisposal.ca or on Facebook

