

CULTURE DAYS

Pakistani Chai Pakistani Culture

Ingredients:

- 3 tea bags
- 2 teaspoons of sugar
- 2 green cardamom
- ½ cup water
- 2 cups whole milk

Instructions:

Bring water to boil in a medium size pan.

Add tea bags and boil for a minute, then add cardamom pods, reduce the heat and simmer for around 5 minutes.

Pour in the milk and return to the boil, then reduce the heat and allow to simmer for 2 minutes add sugar if you want to otherwise you can add sugar at the end.

Keep swirling the tea, as it brings very good colour.

Serve the tea into the cups and enjoy!

